Discovery World Trekking



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Kathmandu Valley World Heritage Sites Tour - 5 Days

5 days. Grade: Easy.

5.0 2295+ reviews on TripAdvisor

US$ 400
per person, for 2 people

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https://dev.discoveryworldtrekking.com/trips/kathmandu-valley-world-heritage-sites-tour-5-days

The Kathmandu Valley is the most developed and populated urban settlement in Nepal, with a history dating back to 300 BCE. The Newars, primarily Indo-Aryan and Tibeto-Burman ethnicities, are the indigenous inhabitants. Due to its rich history, Kathmandu Valley is home to seven UNESCO World Heritage Sites. This tour introduces you to all the major attractions (including these UNESCO sites) in and around Kathmandu Valley.

TRIP FACTS

Destination	Nepal
Grade	Easy
Accomodation	Hotel Stays
Best season	All seasons
Activity	Education tours
Max. altitude	2,160 m/7,085ft (Nagarkot)
Start / end point	Kathmandu - Kathmandu

PRICE

US$ 400

per person, for 2 people

The full price is US$ 500. You save US$ 100 per person.

Group-size discounts

People	Price per person
2	US$ 400
4	US$ 350
6	US$ 320

Group discounts are exclusive to your group size only. We do not merge groups.

Highlights

- Visit 7 UNESCO world heritage sites in the Kathmandu Valley.
- Visit Dakshinkali Temple, Chobhar
- Sunrise views from Nagarkot, watch dawn break at Annapurna ranges (8091m), Manaslu (8163m), Langtang (7246m), Gaurisankar Himal (6874m), and Dorje Lakppa (6799m)
- Combination of driving and walking tour with tour guide
- Experience the hustle, bustle, smell, and glorious sights of Kathmandu.
- Take a guided cultural tour of the Kathmandu Valley.

Kathmandu Valley World Heritage Sites Tour Overview

The Kathmandu Valley World Heritage Sites 5 Days Tour offers a rich, immersive exploration of Nepal’s crown jewels. This tour moves beyond the fleeting glimpse of a day tour to reveal the deeper cultural and spiritual narrative of the valley. Designed to cover all seven UNESCO World Heritage Sites in the region, this trek unveils the secrets of Kathmandu, Patan, and Bhaktapur—three ancient kingdom cities steeped in history. Along the way, you will also discover lesser-visited treasures such as Changu Narayan and Kirtipur, offering an impressive blend of guided exploration and time for personal discovery.

Your adventure begins at Kathmandu’s Tribhuvan International Airport, where a warm welcome with a personalized greeting and garland sets a comforting tone for your journey. Over the next few days, you will experience the vibrant pulse of Kathmandu through visits to its major sites like Kathmandu Durbar Square, where centuries-old temples and palaces reveal intricate Newari artistry, and Swayambhunath (Monkey Temple), perched atop a hill with stunning views. The sacred grounds of Pashupatinath and the massive dome of Boudhanath Stupa further highlight the valley's profound religious heritage.

The tour continues with an in-depth exploration of Patan Durbar Square, where the blend of Hindu and Buddhist influences shows through exquisite pagoda temples and finely crafted stone sculptures. A day trip to medieval Bhaktapur reveals a living museum of Newari art, where iconic sites such as the 55-Window Palace and Nyatapola Temple stand as magnificent testaments to Nepal’s cultural legacy. An excursion to Dakshinkali Temple and a drive to Chobar, with its mysterious caves and gorges along the Bagmati River, add layers of natural beauty and regional history to your experience.

A refreshing change of pace is found with a visit to Nagarkot, where sunrise views frame the towering peaks of the Himalayas. Here, the interplay between the serene natural landscape and Nepal’s built heritage is most evident. On the final day, a return to Kathmandu is rounded off by a visit to Changunarayan Temple, one of the oldest temples in Nepal, along with further exploration of Bhaktapur Durbar Square. This comprehensive tour not only deepens your understanding of Nepal’s legacy as a historical trading nexus between India and Tibet but also leaves you with lasting memories of its timeless art, captivating architecture, and enduring cultural spirit.

Day to Day Short Itinerary

Day 1 Arrival to Kathmandu (Tribhuvan International Airport)

Day 2 Full-day tour, Kathmandu Valley sightseeing

Day 3 Continuation Kathmandu Valley Sightseeing Tour and drive to Nagarkot (2,160m)

Day 4 Sunrise at Nagarkot and return to Kathmandu.

Day 5 Transfer to Kathmandu's Tribhuvan International Airport (TIA) for your international departure.

Kathmandu Valley World Heritage Sites Tour Itinerary

DAY 1

Arrival to Kathmandu (Tribhuvan International Airport – TIA) (1,350m/4,450ft)

Highest Altitude 1,350m/4,450ft

You will arrive at Tribhuvan International Airport in Kathmandu and find our representative waiting for you holding a pamphlet with your name on it. After greeting you, they will present you with a garland and then take you to your hotel in a private vehicle. We provide this service to all our guests. So that our guests feel safe in a new country and do not need to face any navigational challenges.

Overnight stay at a selected hotel

DAY 2

Full-day tour, Kathmandu Valley sightseeing

Highest Altitude ,350m/4,450ft

We will pick you up from your hotel in a private vehicle and take you sightseeing around Kathmandu Valley. There are a few places to visit, and among them are: Kathmandu Durbar Square, the Buddhist stupas of Swayambhu and Bauddhanath, and the Hindu temple of Pashupati. These are all UNESCO-designated world heritage sites.

Kathmandu Durbar Square encompasses many historical and spiritual sites along with ancient architecture. You can also see the Kumari Ghar, home to the living goddess of Nepal. We will also take you to Kumari Chowk to observe the courtyard of Kumari Ghar.

Then comes the **Pashupatinath Temple,** constructed in the 5th century and renovated by the Mallas. On the premises of Pashupatinath, you can find more than 500 temples.

You will also visit **Bouddhanath Stupa** and **Swaymbhunath**. Bouddhanath is one of the most important Buddhist pilgrimages in Nepal. The most important monument in Boudhhanath premises is the dome-shaped structure with fluttering prayer flags. The prayer wheels along the stupa are a known attraction.

Swaymbhunath, also known as The Monkey Temple, is another attraction you should not miss. As the name suggests, you will find many monkeys all around the Swaymbhunath premises. To reach the main stupa you will have to climb 365 stairs. Throughout the stairs, you will feel surrounded by many smaller shrines. There are numerous prayer wheels set up around Swaymbhunath. The statue of Buddha at Swaymbhunath is the biggest in Nepal.

Overnight stay at a selected hotel
Included meal (Breakfast)

DAY 3

Continuation Kathmandu Valley Sightseeing Tour and drive to Nagarkot (2,160m/7,085ft)

Highest Altitude 2,160m/7,085ft

On this day, you will visit one more world heritage site: **Patan Durbar Square,** the courtyard of the Malla Kings. Here you can see three courtyards: Sundari Chowk, Mul Chowk, and Keshav Narayan Chowk.

Krishna Mandir, constructed in Sikhara-style architecture, is one of the most popular monuments in Patan Durbar Square. After visiting Patan, we will take you to Dakshinkali Temple. Dakshinkali is considered to be a power center in Hindu mythology, and animal sacrifice (mainly of male goats and cockerels) is practiced here. Then, we will take you to Chobar, an ancient village on the outskirts of Kathmandu Valley. At Chobar, you can find a series of caves and the Bagmati River Gorge. Then to spend the night, we head to Nagarkot, known for its astounding morning views.

Overnight stay at a selected hotel
Included meal (Breakfast)

DAY 4

Sunrise at Nagarkot (2,160m/7,085ft) and return to Kathmandu.

Highest Altitude 2,160 m/7,085ft

Nagarkot, at 2,100m, is a popular viewpoint very near Kathmandu. On this day, you will wake up early to see the dawn breaking on several surrounding peaks, including Everest (8,848m), Dorje Lakpa (6,966m), Langtang (7,234m), Ganesh Himal (7,422m), Gauri Shankar (7,134m), and Rolwaling (7,181m). After enjoying the early morning views, we will again return to Kathmandu, but on the way, we will take you to **Changunarayan Temple** - a UNESCO world heritage site.

This temple is one of the oldest in Nepal and boasts intricate carvings and elaborate ornamentation. You will also explore the **Bhaktapur Durbar Square,** another UNESCO world heritage site. There are several important historical temples, courtyards, and gates with intricate carvings within this Durbar Square. The square is a hub of religious and cultural activity and is a fine example of Newari architecture and art. Finally, we will return to Kathmandu, where the tour ends.

Overnight stay at a selected hotel
Included meal (Breakfast + Farewell dinner)

DAY 5

Transfer to Kathmandu's Tribhuvan International Airport (TIA) for your international departure.

We will pick you up from your hotel and take you to Tribhuvan International Airport. We hope you enjoyed your trip to Nepal and will be back for some more adventures in this Himalayan nation.

Included meal (Breakfast)

What is included in this trek package?

Transportation

- Free transfer to and from Tribhuvan International Airport to your hotel and vice-a-versa
- Guided city sightseeing tour in Kathmandu in private transport
- All transport during the tour.

Accommondations

- 4 nights accommodations at a selected hotel (Three nights in Kathmandu, another at Nagarkot)

Food

- Standard meals: four breakfasts

Guide

- Official DWT (Government registered and licensed) tour guide (food, lodge, salary, transport, insurance, equipment, etc)

Permit and Expenses

- Entrance fees
- All government and local taxes.

Farewell

- Farewell dinner in Kathmandu after the tour

What is excluded in this trek package?

International Flight

- International flight airfare

Accommondations

- Accommodation in Kathmandu before the tour and after the tour

Food

- Meals in Kathmandu before the tour and after the tour
- Dinner and lunch (in Kathmandu, Nagarkot, Bhaktapur)

Guide

- Tips for guide

Personal Expenses

- Personal expenses - shopping, snacks, bar bills, bottled or boiled water, cold, hot (tea/coffee) and alcoholic drinks, Wi-Fi, laundry, telephone call, etc

Other Expenses

- Additional costs due to circumstances beyond our control, for example, itinerary modification due to safety concerns, illness, change of government policies, strikes, etc
- All costs not in "cost includes" above are counted as excludes

Planning Your Trek Schedule

Our trips have flexible departure dates. You can select a travel date that fits your schedule and easily confirm your booking through our website at any time.

Trip Notes

Free Airport Pickup

Discovery World Trekking offers a complimentary airport pick-up service from Tribhuvan International Airport (TIA) in Kathmandu upon your arrival as well as a free airport drop-off service when you depart for your home country. When you arrive in TIA, one of our company representatives holding a Discovery World Trekking company pamphlet with your name on it will greet you. They will present you with a garland and then transport you to your hotel in a private vehicle. You must share your flight information with us to avail of this service. We provide this service so that you do not feel alone in a new country or face navigational problems.

Journey start

We expect you to arrive in Kathmandu by 3:00 PM the day before your scheduled departure date for last-minute preparations. If, in case, you missed the online trip briefing, it will also provide us time to conduct an in-person trip briefing. During the tour briefing, we will introduce each other and provide essential information about the trek, such as what to expect, weather conditions, and proper etiquette. On the day of the trek, we will pick you up at your hotel and take you on a sightseeing tour, starting from Kathmandu Durbar Square. The tour starts at 10 am and you will return to your hotel by 4 pm.

Accommodations

This package includes four nights of lodging in designated hotels, three in Kathmandu and one in Nagarkot. The rooms are based on twin occupancy and have attached bathrooms. Please be aware that you will require at least two additional days of lodging - one before the tour commences and one at the end - but this package does not include these days. Kathmandu offers a variety of hotels that cater to diverse preferences and budgets, and you may select one accordingly.

Meals

This package includes four breakfasts, three in Kathmandu and one in Nagarkot hotels. You will have numerous food options, including Western, Asian, and local cuisine. Since the tour is in an urban area, this package does not include lunches and dinners. So you are free to choose your meal from innumerable food options. However, we strongly recommend trying Nepali cuisine, as it may not be readily available in your home country.

Best Season

We conduct Kathmandu Valley World Heritage tour throughout the year. Kathmandu has a moderate subtropical climate, with high temperatures ranging from 18 to 30 degrees Celsius and lows between 3 to 20 degrees Celsius. Although most visitors come for this trek in Spring (March, April, and May) and Autumn (September, October, and November), you can enjoy this trek in all seasons. If you love the cool temperatures, clear skies, and great views, we also recommend you trek during this time. Autumn treks come with added delight as most major festivals (Chhat, Dashain, Tihar, Indrajatra) fall during this season.

Group/single

At Discovery World Trekking, we provide group and private treks and offer discounts for larger teams. The discount amount varies based on the size of your group. Please note that you will not receive any discounts if Discovery World Trekking organizes the group. We can accommodate groups of any size, and all groups have a designated leader.

Trip grade and fitness

Everyone can complete the Kathmandu Valley World Heritage Sites Tour. Since you will mostly travel in a private vehicle, you do not have to trek for long hours. Similarly, you will not gain a lot of altitude. The tour areas are well connected by road. This trek is perfect for families with small children or aged p

Typical day

This trek mostly takes place in Kathmandu Valley and an excursion to Nagarkot. Since this is a Kathmandu Valley World Heritage Sites Tour, during the three tour days, we will take you to the World Heritage sites, and you will also get a chance to interact with locals, enjoy the architecture, taste traditional food, and experience Nepali hospitality.

Each tour day begins at 10 am and ends at 4 pm. You are free to spend the rest of the time as you like.

Each day will be unique as we take you to different places. While in Nagarkot, you can see the glorious Himalayas for which Nepal is famous. The tour starts with a morning breakfast. We will pick you up from your hotel and take you to major tourist destinations. You will get ample time for lunch. After lunch, you will continue your trek and return to the hotel. After dinner, you will have time to enjoy yourself as you like: watching TV, reading books, or playing games such as Monopoly, chess, cards, or online games.

Electricity and water

You do not need to worry about electricity and water. Both are readily available throughout the trek regions. For water, you can easily buy bottled water. We advise you not to drink readily available water from taps, rivers, and wells. The water may not be potable. You can use the electricity available at your hotel to recharge your electronics, such as a laptop, camera, or cell phone.

Communication

Passport and Visa

To enter Nepal as a foreigner and non-Indian national you need a valid visa. You can obtain an on-arrival visa at the immigration checkpoints along the Nepal-India and Nepal-Tibet borders or at Tribhuvan International Airport.

To apply for a visa, you need a passport valid for at least six months, a passport-sized photograph, and payment of the visa fees. Currently, the cost of a 30-day visa is US$50, payable in cash. Children under ten years old receive free visas.

Visa fees for citizens of China and the South Asian Association for Regional Cooperation (SAARC) countries, including Bangladesh, Bhutan, India, Maldives, Pakistan, and Sri Lanka, are not required.

However, citizens of certain countries, such as Afghanistan, Cameroon, Ethiopia, Ghana, Iraq, Liberia, Palestine, Somalia, Swaziland, and Zimbabwe, may not be eligible for an on-arrival visa. If you are a citizen of one of these countries, please visit your nearest Nepalese Embassy.

Note that the Nepalese government may change visa regulations without prior notice. For the most current information, please check the official website atwww.immigration.gov.np.

Money Exchange

The official currency of Nepal is Nepali Rupees (NPR), which currently exchanges at approximately 130 NPR per 1 USD. Banks and other financial institutions accept most major foreign currencies for exchange. However, we recommend using legal money exchanges throughout Kathmandu to avoid high fees and long processing,

ATMs in Kathmandu allow you to withdraw Nepali Rupees, up to NRs 35,000, for a Rs 500 fee. If you have Indian Rupees (INR), only INR notes of 100 and 2,000 are legal tender in Nepal.

Nepali banks do not accept old, damaged, or faded foreign currency notes. Currency exchange services may not be available in all tour regions, so we advise you to exchange your foreign currency in Kathmandu (Thamel). We estimate you will need between**10 USD to 30 USD**per day as spending money.

Luggage

When packing for your trek, we recommend bringing only the essentials. Leave your extra luggage at your hotel or our office. Generally, you will not require a porter to carry your luggage. However, if you want, we can arrange porters for you on a ratio of one porter for every two trekkers. We advise you to bring a small backpack for your valuables and important documents.

Spending Money

This trek package does not cover all expenses, such as meals and personal expenses, like visa fees, bottled water, hot (tea/coffee) drinks, cold drinks, alcoholic drinks, tips for guides, and souvenirs. Hence, you need to carry spending money. We advise you to bring (major) currencies and exchange them for Nepali Rupees in Kathmandu based on your spending estimates. This package also does not cover lunch and dinner throughout the trek.

Discovery World Trek Crew

Our team members are experienced in providing hospitality and are well-informed. Throughout the tour, we cover their essential costs, such as clothing, food, and lodging. We also prioritize their health and well-being. Our trek leaders are Nepal government-licensed, fluent in English, and experienced.

Responsible Tours

At Discovery World Trekking, we practice responsible travel and collaborate with the Kathmandu Environmental Education Project (KEEP) to organize eco-friendly trips. We encourage our trekkers to dispose of waste properly. If we use campgrounds, we leave them in better condition than they found them, following the "leave no trace behind" principle.

Last-minute Booking

Booking a trip at the last minute can be challenging, but at Discovery World Trekking, we have provisions to accommodate such circumstances. Although we recommend booking in advance, if you're unable, you can still join this trek using our provision for last-minute bookings. To use this facility, you must complete the entire trip payment 24 hours before the trek's departure date.

We try to operate treks on any date, but unexpected circumstances, such as bad weather or lodging unavailability may cause delays. In such cases, you cannot hold us responsible for such delays. For last-minute bookings, feel free to contact us at 977-9840055491 (Paul Gurung) or email us at info@discoveryworldtrekking.com for more information.

Trip extension

After completing your heritage tour, if you have extra days to spend in Nepal, we can arrange various enjoyable activities for you, such as sightseeing, paragliding, rafting, canoeing, or another hike.

Feedback

At the end of your trek, we'll organize a farewell dinner in Kathmandu. This is also an ideal opportunity for you to provide us with your feedback. If you're satisfied with our service, we encourage you to leave positive reviews on travel portals.

Note

This tour has set departure dates from Kathmandu, but we can also tailor the trek to meet your specific needs and schedule. If our scheduled departure dates aren't suitable for you, don't hesitate to contact us, and we'll arrange the trip at your convenience. It's essential to note that rare unexpected events, such as bad weather, may require us to modify the itinerary listed above. If this occurs, your trip leader will develop a new itinerary based on the trekking group's interests.

Discovery World Trekking

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