Discovery World Trekking



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Luxury Everest Base Camp Trek - 14 Days

14 days. Grade: Challenging.

5.0 2295+ reviews on TripAdvisor

US$ 2500
per person, for 2 to 3 people

Made on 26 November 2026

https://dev.discoveryworldtrekking.com/trips/luxury-everest-base-camp-trek-14-days







This classic trek takes you to the Everest Base Camp in a luxurious setting, but it is not just about Everest. Everest sits surrounded by other high mountains - including three eight-thousanders - Mt. Lhotse(8,516m), Cho Oyu (8,201m), and Mt. Makalu (8,463m). In addition to the high mountains, you will also experience the high-altitude vegetation and wildlife, typical Sherpa culture and their lifestyle, peaceful monasteries, and Nepali hospitality.

TRIP FACTS

Destination	Nepal
Grade	Challenging
Accomodation	Six nights luxury accommodation ("Yeti Mountain Home"), Seven night standard accommodation.
Best season	Feb, Mar, Apri, May, June, Sep, Oct, Nov & Dec
Activity	Everest Treks
Max. altitude	5,555 m at Kalapatthar
Activity per day	Approximately 4-6 hrs walking

PRICE

US$ 2500

per person, for 2 to 3 people

The full price is US$ 3500. You save US$ 1000 per person.

Group-size discounts

People	Price per person
2 to 3	US$ 2500
4 to 7	US$ 2400
8 to 15	US$ 2300

Meals included	Meals (Breakfast, Lunch, Dinner) during the trek
Start / end point	Kathmandu / Kathmandu

Group discounts are exclusive to your group size only. We do not merge groups.

Highlights

- Scenic Kathmandu - Lukla - Kathmandu flight
- Highest glacier on Earth- Khumbu Glacier (4900m/ 16,075ft)
- Prayer wheels, colorful flags, mani stones, high suspension bridges
- Explore UNESCO world heritage site - Sagarmatha National Park
- Mt. Everest (8848m/29,029ft)
- The largest monastery in the Khumbu region - Tengboche Monastery
- Sherpa culture and lifestyle
- One of the world's highest airports in Syangboche (3780m / 12,400ft)
- Stunning panoramic views of mountains from Kalapatthar (5,555m)

Luxury Everest Base Camp Trek Overview

The Luxury Everest Base Camp Trek delivers an unmatched fusion of authentic Himalayan adventure and exceptional comfort. Designed for those who want to experience the thrill of reaching Everest Base Camp (5,364 m) without sacrificing premium amenities, every detail of this journey is meticulously planned—from flexible premium accommodations to delicious meals along the classic Khumbu route.

From Phakding to Namche Bazaar, the trek guides you through the heart of the Khumbu Valley while ensuring you stay in the region’s finest lodges (mostly in Yeti Mountain Home). These carefully selected accommodations offer panoramic views, private bathroom facilities, and premium bedding to help you recharge during your acclimatization days. Tailored side excursions and enhanced dining experiences add an exclusive touch to your adventure.

The itinerary for this Luxury Everest Base Camp Trek is thoughtfully crafted to balance rigorous trek challenges with moments of culture and leisure. You’ll explore significant landmarks, including age-old monasteries (such as the Tengboche Monastery), memorials dedicated to those who could not survive the terrain, and enjoy spectacular vistas from iconic viewpoints like Kala Patthar. Each step, from Tengboche and Dingboche to Lobuche, offers superior comfort paired with the raw beauty of diverse landscapes, ranging from lush forests to rugged alpine terrain.

This luxury trek culminates with conquering Everest Base Camp and taking in the breathtaking views from Kala Patthar. With personalized pacing and exclusive services such as private guides and experienced porter support, you experience the Everest region in style. The journey concludes with a smooth descent back to Lukla and a comfortable flight to Kathmandu (or Manthali, then a drive to Kathmandu), leaving you with memories of a Himalayan adventure that perfectly blends excitement, culture, and luxury.

Day to Day Itinerary

Day 1 Flight from Kathmandu/Manthali to Lukla. Flight time: Approx 40 min from KTM/20 min from Manthali. Trek to Phakding (2,650 m). Trek time: Approx. 3 hrs.

Day 2 Trek from Phakding to Namche Bazaar (3,440 m). Trek time: Approx. 6 hrs.

Day 3 Rest day and Acclimatization at Namche Bazaar

Day 4 Trek from Namche to Tengboche/ Deboche (3,855 m). Trek time: Approx. 5 hrs.

Day 5 Trek from Tengboche to Dingboche (4,360 m). Trek time: Approx. 5 hrs.

Day 6 Rest day and acclimatization at Dingboche

Day 7 Trek from Dingboche to Lobuche (4,930 m). Trek time: Approx. 5 hrs.

Day 8 Trek from Lobuche to EBC (5,364 m) and back to Gorak Shep (5,185 m). Trek time: Approx. 7 hrs.

Day 9 Hike to Kala Patthar (5,555 m) viewpoint, trek to Gorak Shep, then to Pheriche (4,250 m). Trek time: Approx. 5 hrs.

Day 10 Trek from Pheriche to Tengboche (3,855 m). Trek time: Approx. 5 hrs.

Day 11 Trek from Tengboche to Namche Bazaar (3,440 m). Trek time: Approx. 5 hrs.

Day 12 Trek from Namche Bazaar to Phakding (2,650 m). Trek time: Approx. 4 hrs.

Day 13 Trek from Phakding to Lukla (2,850 m). Trek time: Approx. 4 hrs.

Day 14 Fly back to Kathmandu/ Manthali from Lukla. Flight time: Approx. 40 min for KTM/20 min for Manthali. Drive time: Approx. 5 hrs from Manthali to KTM

Luxury Everest Base Camp Trek Itinerary

DAY 1

Flight from Kathmandu/Manthali to Lukla (2,850m / 9,350ft) Trek to Phakding (2650m / 8562ft)

Trek Distance 6.2km / 3.8miles Highest Altitude 2,850m / 9,350ft Trek Duration 3 hours

The journey starts early in the morning. If you are trekking during busy seasons (March, April, May, September, October, and November), **flights to Lukla from Kathmandu may be rerouted to Manthali Airport.** For an early morning flight to Lukla, we will wake you up at your hotel around 12:30 am and take you on a 5-hour drive to Manthali Airport. The flight to Lukla from Manthali lasts about 20 minutes.

You can avoid the long drive to Manthali by booking a helicopter from Kathmandu to Lukla, but it will cost you around 550 USD, considering five persons share the helicopter costs.

If you are trekking in other months (December, January, February, June, July, and August), you will fly to Lukla from Kathmandu. After breakfast, we will take you to Tribhuvan International Airport (TIA) for an exciting and scenic 40-minute flight to Tenzing Hillary Airport at Lukla. From the prosperous Lukla village, we will trek to Phakding. Today's trek will be short and enjoyable as you will also be acclimatizing. During your spare time, you can visit local monasteries and explore Phakding.

Overnight stay at Yeti Mountain Home
Included standard meals (Breakfast+ Lunch+ Dinner)

DAY 2

Trek from Phakding (2,650m / 8,562ft) to Namche Bazaar (3,440m / 11,285ft)

Trek Distance 7.4km / 4.6miles Highest Altitude 3,440m / 11,285ft Trek Duration 6 hours

You will begin your trek early morning along the northern banks of the Dudh Koshi River crossing many suspension bridges, including the **Hillary Suspension Bridge.** Little ahead lies **Sagarmatha National Park check post,** where we will register our permits and climb through dense forest. From this forest, you will get the first sight of Mt. Everest. Trekking further, we reach **Namche Bazaar - the gateway to Everest Base Camp.**

Overnight stay at Sun Shower Hotel
Included standard meals (Breakfast+ Lunch+ Dinner)

DAY 3

Rest day and Acclimatization at Namche Bazaar

Today is the scheduled **acclimatization day.** You can **explore Namche Bazaar**- full of Wi-Fi-connected cafes and restaurants, souvenir and gear shops, clubs, and bars. Additionally, you can hike to Sagarmatha National Park Visitor Center, Khunde, and Khumjung. The Sherpa towns of Khunde and Khumjung are an hour's trek away from Namche Bazaar. You will also be hiking up to **Everest View Hotel** to get spectacular views of Mt. Everest. We will then head back to Namche Bazaar to spend the night.

Overnight stay at Sun Shower Hotel
Included standard meals (Breakfast+ Lunch+ Dinner)

DAY 4

Trek from Namche (3,440m / 11,285ft) to Tengboche (3,855m / 12,850ft) / Deboche

Trek Distance 9.2km / 5.7miles Highest Altitude 3,855m / 12,850ft Trek Duration 5 hours

From Namche, we begin our trek to Tengboche. On the way, you will enjoy the stunning views of **Mt. Everest, Nuptse, Lhotse,** and **Ama Dablam.** The trail is full of ups and downs, which makes it challenging, but the views reward us amply. You can even spot **wildlife on the way** - such as musk deer, pheasant, and Himalayan tahr. We will further trek down and cross the Dudh Koshi river.

Passing through dense alpine forests, you will eventually reach a small settlement called **Phunki Thenga.** Deboche is a little ahead of Phunki Thenga. You will also see **Tengboche Monastery** (the biggest monastery in the Khumbu region) on the way. In your spare time, you can visit monasteries in and around Deboche.

Overnight stay at Rivendell Lodge
Included standard meals (Breakfast+ Lunch+ Dinner)

DAY 5

Trek from Tengboche (3,855m / 12,850ft) to Dingboche (4,360m / 14,290ft)

Trek Distance 12km / 7.45miles Highest Altitude 4,360m / 14,290ft Trek Duration 5 hours

We will hike through the upper trail to reach **Pangboche village**, passing many chortens, mani walls, and smaller villages. From the path, you will be getting stunning views of Ama Dablam. The trek is a little easier as we enter the Imja Valley, following the Lobuche River.

Then comes the steepest climb to Dingboche, where you will see the fields surrounded by **stone walls** protecting crops like barley, buckwheat, and potatoes from cold wind. Today's trek will be a little challenging due to the higher elevation.

Overnight stay in Good Luck Hotel
Included standard meals (Breakfast+ Lunch+ Dinner)

DAY 6

Rest day and acclimatization at Dingboche

It is time for a second day **acclimatization at Dingboche.** We have gained substantial height, so we must let our body time adjust to the thin air. However, that does not mean we will be staying idle. You will be walking up the ridge above Dingboche to enjoy the breathtaking panoramic views of the snow-capped peak Lhotse, the **backside of Ama Dablam, the Island peak, Cho Oyu**, and **Makalu.** You will also see the Himalayan peaks surrounding the **Khumbu Khola Valley** to the north.

Overnight stay at Good Luck Hotel
Included standard meals (Breakfast+ Lunch+ Dinner)

DAY 7

Trek from Dingboche (4,360m / 14,290ft) to Lobuche (4,930m / 16,175ft)

Trek Distance 8.5km / 5.2miles Highest Altitude 4,930m / 16,175ft Trek Duration 5 hours

The trek to Lobuche will be an interesting one as we will be able to enjoy the **stunning mountain views throughout the hike.** At first, the trail leads you to a short uphill near a ridge of a top shrine following the wide valley. We will then be crossing a glacial moraine and a small collection of lodges. The trek becomes higher, and we get better views of several snow peaks. On the way lies memorial statues of the climbers who could not succeed in this harsh terrain. The hike to Lobuche is enjoyable. Upon arrival, you will notice that **Lobuche has a comparatively large settlement** with many hotels and shops.

Overnight stay at Himalayan Eco Resort
Included standard meals (Breakfast+ Lunch+ Dinner)

DAY 8

Trek from Lobuche (4,930m / 16,175ft) to Everest Base Camp (5,364m / 17,598ft) and back to Gorak Shep (5,185m / 17,010ft)

Trek Distance 15km / 9.32miles Highest Altitude 5,364m / 17,598ft Trek Duration 6-8 hours

Today is **your big day** as you will be **stepping on the Everest Base Camp** itself. However, we begin our trek from Lobuche and head to the Everest Base Camp. We will be trekking through the lateral moraine of the Khumbu Glacier to reach the mesmerizing Gorak Shep that sits surrounded by stunning mountain peaks.

We leave our luggage at Gorak Shep and head to Everest Base Camp. You spent your time and energy to reach Everest Base Camp, **to experience this very moment.** As you stay at the Everest Base Camp, enjoying the incredible views, you might get flooded with the memories of your struggle to get here.

This is the **closest you will ever be to Everest** unless you want to climb it. With a rush of pride in your bodies and a celebratory mood, you will enjoy the views and click pictures to the heart's content. Then you will head back to Gorak Shep for the evening.

Overnight stay at Everest Inn
Included standard meals (Breakfast+ Lunch+ Dinner)

DAY 9

Hike to Kala Patthar Viewpoint (5,555m / 18,208ft), trek to Gorak Shep to Pheriche (4,250m / 13,945ft)

Trek Distance 9.6km / 6miles Highest Altitude 5,555m / 18,208ft Trek Duration 5 hours

Today is the climax of the trip. Kala Patthar is a famous viewpoint that gives you splendid panoramic views of Mt. Everest and other peaks. **You will be hiking to Kala Patthar at dawn to view the sunrise on Mt. Everest and nearby peaks.**

After spending a while at the viewpoint, we will trek to Gorak Shep for breakfast and rest a while. Then we will be passing through dense forests and meadows to reach Pheriche - a small beautiful village. On the way, you might find yourself reflecting on the memories you created at the Everest Base Camp and Kala Patthar.

Overnight stay at Himalayan Hotel
Included standard meals (Breakfast+ Lunch+ Dinner)

DAY 10

Trek from Pheriche (4,250m / 13,945ft) to Tengboche (3,855m / 12,850ft)

Trek Distance 8.5km / 5.2miles Highest Altitude 4,250m / 13,945ft Trek Duration 4-5 hours

You will be trekking down the hillside trails covered by rhododendron trees. During spring, the surroundings look colorful, thanks to blooming rhododendrons. Your journey will take you across a bridge over the **Imja Khola** and head into the Juniper forest, eventually reaching **Dingboche.** After a final steep climb, you will reach the famous monastery of Tengboche. You will be spending the night at **Tengboche.**

Overnight stay at Rivendell Lodge
Included standard meals (Breakfast+ Lunch+ Dinner)

DAY 11

Trek from Tengboche (3,855m / 12,850ft) to Namche Bazaar (3,440m / 11,285ft)

Trek Distance 9.2km / 5.7miles Highest Altitude 3,855m / 12,850ft Trek Duration 5 hours

The trail to Namche Bazaar takes us **through dense forests** full of wildlife like pheasants, musk deer, mountain goats, or even snow leopards. If you are lucky, you might get the chance to spot these animals. While heading back, you can click pictures and enjoy the views of the tip of Everest and the backside of Lhotse. After arriving at Namche Bazaar, you will head to your hotel to rest.

Overnight stay at Sun Shower Hotel
Included standard meals (Breakfast+ Lunch+ Dinner)

DAY 12

Trek from Namche Bazaar (3,440m / 11,285ft) to Phakding (2,650m / 8,690ft)

Trek Distance 7.4km / 4.5miles Highest Altitude 3,440m / 11,285ft Trek Duration 4-5 hours

As we continue our return, the path is downhill, **following the banks of the Dudh Koshi River.** Once more, you will find yourself crossing many suspension bridges. After trekking through several forests and small villages, you will finally reach Phakding, a little ahead of **Benkar.**

Overnight stay at Yeti Mountain Home
Included standard meals (Breakfast+ Lunch+ Dinner)

DAY 13

Trek from Phakding (2,650m / 8,690ft) to Lukla (2,850m / 9,350ft)

Trek Distance 6.2km / 3.8miles Highest Altitude 2,850m / 9,350ft Trek Duration 3-4 hours

This day marks the **end on the trekking trails.** We return down the Dudh Koshi Valley. The route from the Kusum stream is quite gentle uphill to Lukla. Before reaching Lukla, the trail heads steeply to the west. After the first climb, the path leads to a small village - Toktok. The views from Toktok will be entirely different. Eventually, you will reach the large town of Lukla, from where you will take a flight back to Kathmandu the next day.

Overnight stay at Yeti Mountain Home
Included standard meals (Breakfast+ Lunch+ Dinner)

DAY 14

Fly back to Kathmandu/Manthali from Lukla (2,850m / 9,350ft)

Flight hours 40/20 minutes

At the end of your trek, from Lukla, **you will fly to Manthali or Kathmandu,** depending on the trekking season. You will, most probably, fly to Manthali, and then we will drive you to Kathmandu if trekking in March, April, May, September, October, or November. In other months (December, January, February, June, July, and August), you will fly to Kathmandu directly.

You can avoid the 5-hour drive from Manthali to Kathmandu, provided you spend around 550 USD extra to book a helicopter, which you will share with four other people.

We hope your flight from Lukla will be relaxing as you will relish your memories on the trails. Upon arrival in Kathmandu, you have the rest of the day to enjoy yourself.

Included standard meal (Breakfast)

What is included in this trek package?

Transportation

- Round-trip flight tickets for Kathmandu/Manthali and Lukla (Kathmandu–Manthali–Kathmandu travel via shared vehicle)
- Private transportation to and from Kathmandu Airport and your hotel

Accommodations

- Total: 13 nights - Six nights of luxury accommodation at Yeti Mountain Home at Lukla, Phakding (2N), and Namche(3N), Seven nights of standard accommodation at Tengboche (2N), Dingboche(2N), Lobuche, Gorakshep, and Pheriche (Twin Sharing Room)

Food

- Seven breakfasts, six dinners, and two lunches at Yeti Mountain Home. One lunch at Hotel Everest View Hotel. Ten lunches, seven dinners, and seven breakfasts (single main course per meal) at standard lodges during the trek.
- Seasonal fresh fruits every day

Guide and Porter

- Government licensed experienced trek leader/ guide. One assistant guide for a group of 12 or more. A porter for every two trekkers.
- Guides and porters' costs, their meals, insurance, salary, lodging, transportation, and other necessary costs

Trek Permits and Expenses

- Sagarmatha National Park entry permit fee
- Khumbu Pashang Lhamu Rural Municipality fees
- All government and local taxes and other official expenses

Medical Assistance

- Rescue operations arrangements in case of complicated health conditions (funded by travel insurance)
- Medical kits, including an oximeter to monitor blood oxygen saturation levels in high altitudes

Souvenir

- Company t-shirt & cap

Farewell

- Discovery World Trekking trek achievement certificate
- Farewell dinner at Kathmandu after trek completion

Benefits

- Sleeping bags and down jackets, duffle bag (one for every two trekkers) if you do not have your own
- Free excess luggage storage at the Discovery World Trekking store for the duration of the trek

What is excluded in this trek package?

International Flight

- International flight airfare

Accommodations

- Accommodation in Kathmandu and Extra accommodations in Kathmandu due to early arrival, late departure, or early return from the trek

Food

- Three meals (breakfast, meal, and dinner) in Kathmandu

Guide and Porter

- Tips for guide and porters

Visa

- Nepal entry visa fees

Travel Insurance

- Travel insurance, which has to cover emergency high-altitude rescue and evacuation (compulsory)

Personal Expenses

- Personal expenses - shopping, snacks, alcoholic, hot (tea/coffee) or cold drinks, bottle or boiled water, shower, Wi-Fi, laundry, telephone call, battery re-charge fee, extra porters, etc.

Other Expenses

- Excess luggage charges (limit is 9kg per person)
- Additional costs due to delays caused by circumstances out of our control, for example - landslides, unfavorable weather, itinerary modification due to safety concerns, illness, changes in government policies, strikes, etc
- All the costs and expenses not listed in "What is included?" above

Planning Your Trek Schedule

Our trips have flexible departure dates. You can select a travel date that fits your schedule and easily confirm your booking through our website at any time.

Packing List

We recommend carrying the basic clothing and accessories for the trek. You can store your excess luggage at Discovery World Trekking for free. We will assign porters to carry your luggage, but the **luggage weight limit per trekker is 9 kg.** One porter will carry luggage for two trekkers. So, we recommend you find a fellow trek partner and pack your things in a duffel bag of over sixty liters.

Though personal preferences may differ, here is a packing checklist to help you pack for this trek.

Head and Face

- Sun hat or cap (wide-brimmed)
- Ear-covering warm hat or knitted beanie
- Scarf, buff, or neck gaiter
- UV-protection sunglasses High SPF sunscreen and lip balm
- Lightweight headlamp with spare batteries

Upper Body

- Moisture-wicking short or long-sleeved t-shirts
- Thermal base layers (light for warm months/heavy for cold)
- Fleece and puffy/insulated jacket
- Down jacket for colder elevations
- Waterproof and windproof outer jacket
- Lightweight long-sleeve breathable trekking shirt
- Synthetic bra for women
- Waterproof nylon raincoat or poncho

Handwear

- Warm insulated gloves or mittens
- Lightweight liner gloves
- Waterproof outer gloves for snow or wet conditions

Lower Body

- Quick-drying trekking pants and underwears
- Convertible or full-length trousers
- Quick Drying Underwear
- Thermal leggings or base layers
- Warm trekking trousers (insulated pants) for colder sections
- Lightweight cotton pants for evenings/ inside teahouses

Footwear

- Broken-in trekking boots with ankle support and good grip
- Warm wool or synthetic trekking socks
- Lightweight camp shoes or sandals for river crossings
- Gaiters for protection against mud, water, and debris
- Microspikes/crampons (seasonal) for better grip while crossing snowy and icy high passes

Backpack/Support/Sleeping Gear

- Duffle bag/Rucksack (50-60 liters, shared between two trekkers)
- Day backpack (20–30 liters) with rain cover Adjustable and
- lightweight trekking poles (preferably collapsible)
- Reusable water bottles or hydration bladder (minimum 2 liters)
- Water purification tablets, a filter, or a UV purifier Sleeping bag (rated -5°C to -10°C)
- Earplugs

Toiletries

- Toothbrush and toothpaste
- Medium-sized quick-dry towel
- Biodegradable soap or shampoo
- Toilet paper (in a Ziplock bag)
- Nail Clipper
- Body wipes/wet tissues
- Feminine hygiene products
- Hand sanitizer

Electronics and Documents

- Camera/Smartphone
- Power bank and charging cable
- Two-pin charging adapter
- Passport photocopies and passport-sized photos in waterproof bags

Medications

- Personal kits and medications (inhalers, allergy medicine, etc.) are highly recommended
- Blister care kit (Compeed/moleskin)
- Cough drops or throat lozenges (very useful in dry air)
- Basic first aid supplies (band-aids, antiseptic wipes, pain relievers, Diamox)

Optional Items

- Snacks and energy bars
- Notebook or pen for journaling your experience
- Book or e-book Binoculars
- Small multi-tool
- Pee-bottle/pee-funnel for women
- Comb

We can provide a used duffle bag (non-waterproof), down jacket, and sleeping bag if you don't have your own

Luxury EBC Trek Map



Trip Notes

Arrival, Welcome, and Trek Start

We ensure your arrival and departure in Nepal are seamless and provide complimentary airport-to-hotel transfers for all clients booking treks with us. When you arrive at Kathmandu airport, you will find our representative, holding a placard with your name and a traditional garland. After presenting you with a marigold garland, they will transfer you to your hotel in a private vehicle.

We request you arrive in Kathmandu at least by 3 pm one day before the trek departure. It allows ample preparation time. On the trek departure day, we'll escort you from your hotel to the domestic airport for a flight to Lukla, with the flight cost included in your package.

During peak trekking seasons (March, April, May, September, October, and November), flights to Lukla from Tribhuvan International Airport (TIA) may take place from Manthali Airport due to heavy air traffic. In these months, on the trek departure day, our guide will pick you up from your hotel at around 12:30 am for a five-hour drive to Manthali, followed by a 20-minute flight to Lukla.

In other months (December, January, February, June, July, and August), flights to Lukla operate directly from Kathmandu. On these days, you will take a 40-minute flight to Lukla, and we will transfer you to Kathmandu Airport in the early morning.

Accommodations

The 14-day trek includes 13 nights of accommodations in the trek region. Six nights are at the luxurious Yeti Mountain Home in Lukla, Phakding (2N), and Namche (3N). You will spend the remaining nights in standard accommodations at Tengboche (2N), Dingboche (2N), Pheriche, Lobuche, and Gorakshep.

Electricity for charging your devices, Wi-Fi for net access, and hot showers at Yeti Home and other lodges are available. However, you might have to pay for it.

You will need at least two additional nights in Kathmandu, but our package does not cover them. Kathmandu offers a range of hotels to match your preferences.

Meals

This package includes 14 breakfasts, 14 lunches, and 13 dinners. Meals at Yeti Mountain Home feature seven buffet breakfasts, six buffet dinners, and two buffet lunches. Other meals will be at standard lodges.

The menu primarily includes traditional Nepali, Asian, and Western dishes, but options become limited at higher altitudes.

We recommend fresh vegetables, green tea, hot lemon, ginger tea, garlic soup, and Nepali staples like Dal Bhat Tarkari.

Avoid non-veg dishes, caffeinated drinks, and alcohol at high altitudes for health and hygiene reasons.

Luggage

We assign one porter per two trekkers, with a luggage limit of 9 kg per person (18 kg per porter). Hence, team up with a fellow traveler and pack your things in a duffle bag of over sixty liters. We expect you to carry a small backpack for essentials like water bottles and valuables. You can store extra luggage at your hotel. We also provide free luggage storage at our store in Kathmandu.

Facilities and Essentials

- **Water**

You can purchase packed water from en-route shops or boiled/filtered water at lodges. We encourage bringing a refillable bottle and buying boiled water. Avoid drinking untreated tap, well, or river water, and use purification tablets for safety. If you do not have purification pills, we will provide them.

- **Communication**

You can buy a local SIM in Kathmandu, but at higher elevations, the mobile signal may not be strong enough. We remain in daily contact via mobile with all our trekking teams through the lead guide for safety and updates. Moreover, we are always ready to tackle any emergency that may arise.

Travel Essentials

- **Visa**

Except for Indians, all foreigners require a visa to enter Nepal. Most nationalities can obtain a visa on arrival at Kathmandu Airport. You will need a valid passport (6 months minimum), a passport-size photo, and USD 50 for a 30-day visa. Check the latest requirements at https://www.immigration.gov.np/.

- **Travel Insurance**

Comprehensive travel insurance is mandatory. It must cover health care costs and emergency helicopter rescue up to the trek's highest elevation (5,550 m). You must provide a copy of your policy before starting the trek. Please call your insurer to double-check that your insurance policy covers helicopter rescue. Do not just rely on what insurers say on their website.

- **Currency Exchange**

Nepal's currency is the Nepali Rupee (NPR). 1 USD is around 133 NPR. You can exchange your (major) foreign currency at banks and legal money exchanges in Kathmandu. ATMs also dispense NPR, but service fees apply. Avoid old or damaged notes, as banks may not accept them. Note that only INR (Indian Rupe) 100 is legal in Nepal. You must exchange your currency in Kathmandu.

- **Extra Expenses**

This package covers most expenses during the trek but not all of them. You are responsible for meals and accommodations in Kathmandu, visa fees, snacks, hot showers, Wi-Fi, charging devices, personal equipment, tips for the crew, etc. We estimate you will need around USD 20 per trek day to cover your expenses.

Trek Season and Weather Conditions

The best time to trek to Everest Base Camp depends on the weather and personal preferences. If you want an easy hike with fabulous views, spring or autumn treks are for you. In spring, temperatures at high altitudes rise to around 20 °C during the day and drop to -5 °C at night. In autumn, daytime temperatures can reach 25 °C, while nighttime temperatures fall to -10 °C.

We also offer treks in summer (June to August) and winter (December to February). During summer, daytime temperatures at high altitudes reach 27 °C, with nighttime temperatures dropping to 5 °C. In winter, daytime temperatures can rise to 15 °C but fall as low as -20 °C at night.

Summer treks may face slippery trails in lower elevations due to monsoon rains, and flight delays are possible. Winter treks experience extreme cold temperatures at higher altitudes, with heavy snow often covering the trails. For detailed information about month-wise trail conditions and location-based temperature, check our everest travel guide.

- **Flight Delays**

<>Flights to and from Lukla are weather-dependent. Helicopter alternatives are available but may cost USD 500–1,000, provided five persons share the cost. Add 1–2 buffer days to your schedule to account for delays.

Typical Day

Each day starts with an early breakfast, followed by 3-4 hours of trekking, an hour lunch break, and a shorter afternoon trek. We serve dinner at around seven pm. After dinner, guides will brief you on the next day’s plan. Evenings are for rest, exploration, or activities like board games and cultural interaction.

Trip Conclusion

- **Farewell Dinner**

After the trek, we host a farewell dinner in Kathmandu. This is the right time to share your experience and provide feedback. Later, we will also provide you trek achievement certificate.

- **Departure**

Please share your hotel name, room number, and departure date. We will transfer you from your hotel to Tribhuvan International Airport for your return flight. We hope you will return to Nepal for more treks.

Trek Bookings

- **Private Treks**

We offer private treks only and do not add anyone to your group. Discounts are available for larger groups. We add an assistant guide for a group of 12 or more.

- **Safe Trek Bookings**

Discovery World Trekking is a registered and bonded trekking operator, ensuring a secure booking process. We are also members of the Trekking Agency Association of Nepal (TAAN) and the Nepal Mountaineering Association (NMA). A 10% advance payment confirms your booking. Payment methods include credit card, bank transfer, Wise, or Western Union. The rest of the cost is due when you arrive in Kathmandu. In Kathmandu, in addition to the above payment methods, you can also pay in cash. Please send us your important travel documents, such as a passport copy, within a week of trek booking. We will also email you payment details.

- **Last-Minute Bookings**

Though booking a trek at least a month in advance is ideal, our company has a last-minute booking provision that requires full payment 24 hours before intended departure. Please call Paul at 977-9840055491 or email info@discoveryworldtrekking.com for this service. However, please note last minute treks may be delayed due to circumstances beyond our control.

- **Flexible Schedule**

Our treks have fixed departure dates, but we can reschedule them for your convenience. If dates do not suit you, let us know.

- **Trip Extension**

You can extend your stay in Nepal with activities like jungle safari, sightseeing tours, or even another trek.

DWT Family

Our staff members are experienced, come from remote high Himalayas, are highly trained, government-certified, and committed to making your trek safe and memorable. We pay our staff well and cover their insurance, food, and lodging during the trek. We believe a happy team will provide an excellent service.

Ecotourism Practices

We work with the Kathmandu Environmental Education Project (KEEP) to organize eco-friendly treks. Our aim is to leave only the footprints in the trek regions.

Tipping Culture

Nepali culture accepts tipping. Though not mandatory, we recommend you trek as a group and at the end of the trek. The tip amount should reflect the quality of service, trek cost, and length.

FAQs For Luxury Everest Base Camp Trek

GENERAL INFORMATION

Where is Luxury Everest Base Camp Trek?

The Luxury Everest Base Camp Trek takes you to Everest Base Camp in north-eastern Nepal in the Khumbu region.

How long does the Luxury Everest Base Camp Trek take?

The trek typically takes 14 days, excluding additional days for arrival, preparation, and departure.

What are the main highlights of the Luxury Everest Base Camp Trek?

- Scenic flight to Lukla.
- Premium accommodations like Yeti Mountain Home.
- Visits to Namche Bazaar, Tengboche Monastery, and Everest Base Camp.
- Breathtaking views of peaks like Everest, Cho Oyu, Makalu, Lhotse, and Ama Dablam.

Is the Luxury Everest Base Camp Trek suitable for all levels of trekkers?

While the trek is designed for comfort, it still requires moderate physical fitness and some trekking experience due to the altitude and terrain.

What makes the Luxury Everest Base Camp Trek different from standard treks?

This trek offers upgraded accommodations, better meals, and enhanced services, such as personalized support and a more comfortable trekking experience.

Is the Luxury Everest Base Camp Trek available as a private tour?

Yes, the Luxury Everest Base Camp Trek is available as a private tour.

PREPARATION & FITNESS

How fit do I need to be for the Luxury Everest Base Camp Trek?

You should be in good physical condition, and capable of walking 5–7 hours daily on varied terrain.

Can beginners undertake the Luxury Everest Base Camp Trek?

Yes, with proper preparation, beginners can undertake this trek. However, prior hiking experience is advantageous.

What kind of physical preparation is recommended for this trek?

Training should include cardio workouts, strength training, and practice hikes with a loaded backpack.

PERMITS

What permits are required for the Luxury Everest Base Camp Trek?

You need two permits:

1. Sagarmatha National Park Entry Permit.
2. Khumbu Pasang Lhamu Rural Municipality Entry Permit.

Are the necessary permits included in the trekking package?

Yes, permits are included in the trekking package.

Where can I obtain the permits for the Luxury Everest Base Camp Trek?

You can get permits in Kathmandu or Monjo. However, we will arrange them for you.

INSURANCE & VISA

Is travel insurance necessary for the Luxury Everest Base Camp Trek?

Yes, comprehensive travel insurance is mandatory.

What should my insurance cover for this trek?

Your insurance must cover healthcare costs, and emergency helicopter evacuation up to 5,550 meters.

Do I need a visa for trekking in Nepal, and how can I obtain one?

Yes, foreigners, except Indian nationals, require a visa to enter Nepal. Most travelers can get a visa on arrival at Kathmandu Airport. To apply for the visa, you will need a passport with at least six months of validity, one passport-size photo, and an application fee that depends on your intended length of stay. The current rate is USD 50 for a 30-day stay.

GUIDES & PORTERS

Is it necessary to have a guide for the Luxury Everest Base Camp Trek?

Yes, a guide is mandatory as per my Nepal government laws.

What roles do guides and porters play during the trek?

Guides handle navigation and logistics, while porters carry luggage (up to 9 kg per trekker).

Can I trek to Everest Base Camp independently without a guide?

Since April 2023, the Nepal Government has banned solo trekkers to Everest Base Camp.

ACCOMMODATION

What type of luxury accommodation is provided during the trek?

Yeti Mountain Home lodges in select locations, and standard lodges elsewhere.

Are the lodges or camps equipped with modern amenities like hot showers and comfortable bedding?

Yes, Yeti Mountain Home provides these amenities. Other lodges may charge for hot showers, Wi-Fi, and device charging.

Will I have access to Wi-Fi or charging points along the trek?

Wi-Fi and charging points are available but may come at an additional cost.

FOOD & DRINKS

What kind of meals are provided during the Luxury Everest Base Camp Trek?

Meals include Nepali, Asian, and Western dishes. Yeti Mountain Home offers buffet meals.

Are there vegetarian or vegan food options available?

Yes, vegetarian and vegan options are available. Please let us know about your food preferences.

Are beverages and snacks included in the trek package?

No, beverages (hot, cold, or alcoholic drinks) and snacks are not included in this trek package.

WEATHER

What is the best time of year to do the Luxury Everest Base Camp Trek?

Spring (March-May) and autumn (September-November) are ideal for clear skies, good trail conditions, and moderate temperatures.

How does the weather affect the trekking experience on the Luxury Everest Base Camp Trek?

Weather impacts visibility, trail conditions, and overall comfort.

Is it safe to trek during the monsoon or winter seasons?

Trekking is possible but challenging due to slippery trails, mainly in lower trek regions during monsoon, or extreme cold with snow covering trails in higher altitudes in winter.

HEALTH & SAFETY

What health risks should I be aware of during the Luxury Everest Base Camp Trek?

Altitude sickness, dehydration, and cold-related issues are common risks.

Is altitude sickness a concern on this trek?

Yes, gradual acclimatization and hydration help minimize the risk.

What emergency procedures are in place during the trek?

Guides are trained in first aid and we will initiate helicopter evacuation in coordination with your insurer, if necessary.

PACKING & GEAR

What essential items should I pack for the Luxury Everest Base Camp Trek?

Essentials include warm clothing, trekking boots, a backpack, and water purification tablets. Please look at our equipment section above.

Is a sleeping bag necessary, or is it provided?

Though all accommodations provide enough bedding, you can bring a sleeping bag for extra warmth.

Are trekking poles or other gear recommended?

Yes, trekking poles are highly recommended for support.

BOOKING & PAYMENTS

How far in advance should I book the Luxury Everest Base Camp Trek?

You should book this trek at least one month in advance, providing us with enough time to arrange flights and other logistics. However, we also have a last-minute booking provision.

What is the payment process for booking this trek?

A 10% advance payment confirms the booking. The balance is due upon arrival in Kathmandu. You can pay using a credit card, bank transfer, Wise, or Western Union. In Kathmandu, you can also pay in cash. We will also email you payment details.

Are there any cancellation or refund policies for the trek?

Yes, please refer to our terms and conditions page for cancellation and refund policies.

TRANSPORTATION

How do I get to the starting point of the Luxury Everest Base Camp Trek?

You'll fly to Lukla from Kathmandu or Manthali. During peak trek seasons (March, April, May, October, and November), the flights to Lukla will be from Manthali Airport instead of Kathmandu due to traffic congestion. At other times, the flight will be from Kathmandu. To catch a flight from Manthali, we will head to Manthali around 12:30 a.m. on the scheduled departure date. The drive to Manthali will take around five hours.

Are domestic flights required to reach the starting point of the trek?

Yes, a flight to Lukla is necessary.

What transportation options are available after completing the trek?

After your trek is over, you will fly to Manthali Airport or Kathmandu Airport from Lukla based on the trekking season. If you fly to Manthali, we will drive you to Kathmandu.

Discovery World Trekking

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