Discovery World Trekking



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Ruby Valley Trek - 7 Days

7 days. Grade: Moderate.

5.0 2295+ reviews on TripAdvisor

US$ 550
per person, for 2 to 3 people

Made on 26 November 2026

https://dev.discoveryworldtrekking.com/trips/ruby-valley-trek







An unexplored beauty amidst the Himalayas, the Ruby Valley package lets you enjoy scenic elegance along with cultural and traditional virtue. Ruby valley lies in between Langtang National Park and Manaslu Conservation Area, but it is much more than just a marvelous landscape. The whole trek takes place in a homely environment with homestays rather than in hotels/lodges providing an authentic Nepali experience that you will hardly experience anywhere else.

TRIP FACTS

Destination	Nepal
Grade	Moderate
Accomodation	Home stay/local lodge
Best season	Feb, Mar, Apri, May, June, Sep, Oct, Nov & Dec.
Activity	Ganesh Himal Treks
Max. altitude	3,845m Pang sang Pass
Activity per day	Approximately 4-6 hrs walking
Meals included	All Local Meals (Breakfast, Lunch & Dinner) during the trek
Start / end point	Kathmandu/ Kathmandu

PRICE

US$ 550

per person, for 2 to 3 people

The full price is US$ 650. You save US$ 100 per person.

Group-size discounts

People	Price per person
2 to 3	US$ 550
4 to 7	US$ 520

Group discounts are exclusive to your group size only. We do not merge groups.

Highlights of Ruby Valley Trek

- Newly opened and unexplored trekking destination close to the capital city of Kathmandu
- Relaxing natural hot springs
- Panoramic closeup view of Ganesh Himal, Langtang Himal, and Manaslu Himal
- Pangsang La Pass (3,842 m /12,604ft)
- Diverse terrain farmland, green meadow, and rocky hills
- Home to the domestic animals like sheep, yak, goat, and ox and exotic animals like musk deer, leopards.
- Dense rhododendron, pine, oak, and bamboo forests
- Raging rivers with suspension bridges, gorges, waterfalls, and stone-driven mills
- Unique, rich, culture and traditions of Tamang, Gurung, Brahmin, and Dalits

Ruby Valley Trek Overview

The Ruby Valley Trek is a hidden gem in the Ganesh Himal region of Nepal. This week-long adventure offers trekkers an off-the-beaten-path experience with authentic cultural immersion in traditional Tamang and Gurung villages. With fewer tourists than the popular trails, you'll enjoy spectacular mountain views, making it the perfect escape for those seeking peace, pristine nature, and genuine local interactions.

The trek takes you through the pristine Ruby Valley—named for its deposits of precious stones—where you'll traverse diverse landscapes, ranging from terraced fields and dense forests to high alpine pastures. Along the way, key geographical features such as natural hot springs and waterfalls punctuate your journey, while expansive ridgelines offer panoramic views of the dramatic backdrop of the Ganesh Himal range, with peaks soaring above 7,000 m.

Starting with a scenic drive from Kathmandu to Syabrubesi (1503m) in the vicinity of the Langtang region, the itinerary unfolds through remarkable villages such as Gatlang, Somdang, Tipling, and Chalis Gaon. While on the route, you can catch panoramic views of the Himalayas, along with diverse farmlands, green meadows, and rocky hills. You can see 23 snow-capped mountains from the trails, including Manaslu, Ganesh Himal Range, Annapurna Range, Langtang Range, Tibetan Himalayas, and Dorje Lakpa Himal.

From Chalis Gaon, you will trek to Borang and take a local jeep to Dhanding Besi, and from Dhading Besi, you will return to Kathmandu on a local bus.

Each stop delivers rich cultural experiences—from traditional households and local monasteries to the vibrant customs of the indigenous communities—ensuring that every moment is steeped in Nepalese tradition and heritage.

Day to Day Itinerary

Day 1 Kathmandu to Syabrubesi (1503m). Drive Time: Approx. 7-9 hrs.

Day 2 Trek from Syabrubesi via Chawatar (lunch) to Gatlang (2,337m). Trek Time: Approx. 5-6 hrs.

Day 3 Trek from Gatlang to Parvati Kund, Yuri Kharka (lunch) to Somdang (3,271m). Trek Time: Approx. 6-7 hrs.

Day 4 Trek from Somdang via Pangsang Pass (3,842m) to Tipling (2,078m). Trek Time: Approx. 6-7 hrs.

Day 5 Trek from Tipling to Chalish Gaon (1,800m). Trek Time: Approx. 2 hrs.

Day 6 Trek From Chalish to Borang (1,700m). Trek Time: Approx. 2-3 hrs. Drive to Dhading Besi (580m). Drive Time: Approx. 4-5 hrs.

Day 7 Drive from Dhading Besi – Kathmandu (1,310m). Drive Time: Approx. 4-5 hrs.

Ruby Valley Trek Itinerary

DAY 1

Kathmandu to Syabrubesi (1503m / 4945ft)

Drive duration (122km / 75.8miles) 7- 9 hrs.

You will start your **Ruby Valley** journey through a drive **to Syabrubesi**. We will be driving into Langtang National Park, where we must register our trek permits. The 7 to 8 hours scenic drive following the Trisuli Bazaar, Ramche Gaon, and Dhunche is undoubtedly a pleasant ride. The road is a bit narrow and rocky, but the **alluring landscape** will leave you in awe. We spend the night in Syabrubesi. **Syabrubesi**, being the mid-point of several treks and the border of **China**, has all the things you might require for the trek. We rest and relax at Syabrubesi and prepare for our hike the next day.

Overnight stay at a homestay/local lodge
Included standard meals (Breakfast + Lunch + Dinner)

DAY 2

Trek from Syabrubesi (1,503m / 4,945ft) via Chawatar (lunch) to Gatlang (2,337m / 7,690ft)

Highest Altitude 2337m / 7690ft Trek Duration 5- 6 hours

Our destination for today is a small **Tamang village** called **Gatlang**. We follow a narrow and twisty trail to Bahun Dada Pass and then descend to reach Gatlang. We stop at **Chawatar** for lunch. The food is amazingly delicious here as most of the vegetables are freshly picked and locally grown. As we pass through this magnificent **Tamang village**, we witness the **richness** of their culture and tradition. We stay at Gatlang with the Tamang people. Their hospitality and food, without a doubt, will prove to be one of the best experiences you will ever get.

Overnight stay at a homestay/local lodge
Included local meals (Breakfast + Lunch + Dinner)

DAY 3

Trek from Gatlang (2,337m / 7,690ft) to Parvati Kund, Yuri Kharka (lunch) to Somdang (3,271m / 10,760ft)

Highest Altitude 3,271m / 10,760ft Trek Duration 6-7 hours

We begin the hike from **Gatlang to Parvati Kunda**, a natural alpine **freshwater lake**. Named after the famous **Hindu Goddess Parvati**, the wife of Lord Shiva, this beautiful lake is also considered sacred by the **local people**.

As you trek further ahead, the habitat and lodges decrease. However, you might come across very few tourists. We continue the trail through lush pine and **rhododendron forest** to Yuri Kharka. After a **delicious meal** at Yuri Kharka, we hike towards the **Somdang** via **Khurphu Bhanjyang**. There is a shutdown mine, a few hours' walk from **Somdang**. Though the mine has not functioned for years, you can still take a look around and explore its astonishing beauty. In the past, this mine used to produce **zinc**, **copper**, **tin**, and **crystals (including rubies)**.

We will spend the night at **Somdang Valley.** The valley is so remote and silent you will literally find out what silence looks like.

Overnight stay at local lodge/homestay
Included local meals (Breakfast + Lunch + Dinner)

DAY 4

Trek from Somdang (3,271m / 10,760ft) via Pangsang Pass (3,842m / 12,604ft) to Tipling (2,078m / 6,835ft)

Highest Altitude 3,842m / 12,604ft Trek Duration 6 to 7 hrs.

After waking up at Somdang, we enjoy a delicious breakfast. On this day, you will be passing through the **Pangsang La Pass**, which is a demanding, yet exciting trek. While appreciating the stunning mountains and spectacular landscapes, we head to the southwest of Somdang Village to reach **Pangsang Kharka**. Pasang Kharka is a large meadow that lies in Pangsang Pass.

From Pasang Kharka, you can witness the panoramic views of Mount Manaslu and the Ganesh Himal Range. As one of the lesser-traveled trekking routes, there are relatively fewer homestays here. Then, we descend to **Laptung village**, passing through dense fir and rhododendron forests until we arrive at **Tipling** after a long trek.

Overnight stay at local lodge/homestay
Included local meals (Breakfast + Lunch + Dinner)

DAY 5

Trek from Tipling (2,078m / 6,835ft) to Chalish Gaon (1,800m / 5,960ft)

Highest Altitude 2,078m / 6,835ft Trek Duration 2hrs

Today's trek will be a short and relaxing one as we trek our way to the **sister villages** of Shertung and Chalish Gaon. First, we descend through the serene jungle, cross a tributary and reach **Chalish Gaon**, which lies in an idyllic setting. About 100m above Chalish Gaon is **Shertung village**, and both of these settlements have a lot to explore. However, you can just choose to relax and enjoy the spectacular surrounding fields and lush valley below. Shertung and Chalish Gaon are inhabited mainly by **Gurungs, Tamangs**, and **Dalits**.

Overnight stay at local lodge/homestay
Included local meals (Breakfast + Lunch + Dinner)

DAY 6

Trek from Chalish (1,800m / 5,960ft) to Borang (1,700m / 2,296ft), drive to Dhading Besi (580m /1,902ft)

Highest Altitude 1,800m / 5,960ft Trek Duration 2-3hours Drive duration 4-5 hrs

A final day before you return to **Kathmandu**, you will enjoy all the wonderments of this trail. After a pleasant breakfast, we will hike further to Borang village then descend to Lishne Khola from **Borang**. From Borang, we take a local jeep to take us through a curvy road past Ankhu Khola and Kimdang Phedi Villages to **Dhading Besi**. As you return, you will see several peaceful settlements, which will make you nostalgic. We will be staying at Dhading Besi for the night.

Overnight stay at local lodge/homestay
Included local meals (Breakfast + Lunch + Dinner)

DAY 7

Drive from Dhading Besi – Kathmandu (1,310m / 4,323ft)

Drive duration 4 to 5 hrs.

We take another bus from **Dhading Besi to Kathmandu back to your hotel.** If you want, we can arrange a Kathmandu city tour taking you to several world heritage sites. As beautiful as the surrounding mountains, the culture in and around Kathmandu City is a must-see before you call it an end to your vacation.

Included local meals (Breakfast + Lunch)

What is included in this trek package?

Transportation

- Private transportation to and from Kathmandu Airport and your hotel
- Kathmandu to Syabrubesi (trek start) and Borang (trek end) to Dhading Besi to Kathmandu by local bus

Accommodations

- Accommodation (total 6 nights) local lodge/homestay

Food

- Local meals during the treks (7 lunches, 6 dinners, and 7 breakfasts)
- Water purification tablets

Guide and Porter

- Government licensed English Speaking Discovery World Trekking experienced trek leader/guide and porter to help trekkers luggage (1 porter for every two trekkers. Per Porter limit 9 kg)
- Guides and porter costs, their meals, insurance, salary, lodging, transportation, flight, and other necessary equipment

Trek Permits and Expenses

- Langtang National Park entry permit fee
- Trekkers Information Management System (TIMS) card fee
- All government, local taxes, and official expenses

Medical Assistance

- Rescue operations arrangements in case of complicated health conditions (funded by travel insurance).
- Medical kits, including an oximeter to monitor blood oxygen saturation levels in high altitudes

Souvenir

- Souvenir - a company's T-shirt & cap

Farewell

- Discovery World Trekking trek achievement certificate
- Farewell dinner at the end of the trek

Benefits

- Sleeping bags and down jackets, duffle bag (one for every two trekkers) if you do not have your own
- Free excess luggage storage at the Discovery World Trekking store for the duration of the trek

What is excluded in this trek package?

International Flight

- International flight airfare

Accommodations

- All accommodations in Kathmandu, before and after the journey
- Extra night accommodations in Kathmandu due to early arrival or late departure, or early return from the trek

Food

- All meals in Kathmandu, before and after the journey
- Extra night meals in Kathmandu due to early arrival or late departure, or early return from the trek

Guide and Porter

- Tips for guide and porters

Visa

- Visa fees at Tribhuvan International Airport

Travel Insurance

- Travel insurance which has to cover emergency high-altitude rescue and evacuation (compulsory)

Personal Expenses

- Personal expenses (shopping, snacks, boiled/bottled water, hot (tea/coffee) and cold drinks, hot shower, alcohol, telephone call, battery re-charge fee), extra porters, etc.
- Personal clothing and gear

Other Expenses

- Excess baggage charges (Limit is 9kg per person)
- Additional costs due to delays due to circumstances beyond our control, for example, landslides, bad weather conditions, itinerary modifications for safety, illness, change of government policies, strikes, etc
- All the costs and expenses not listed in "What is included in Ruby Valley Tour Package?" will be counted as excludes

Planning Your Trek Schedule

Our trips have flexible departure dates. You can select a travel date that fits your schedule and easily confirm your booking through our website at any time.

Ruby Valley Packing List

Depending on the season of your trek, you will need to adjust your clothing and equipment. However, we've compiled this essential packing list with your comfort and utility in mind. We recommend bringing only the necessities, while any extra luggage can be stored for free at the Discovery World Trekking store.

Please note that each porter is assigned to two trekkers and will carry no more than 18 kg of luggage. Therefore, we encourage you to team up with a fellow trekker and pack your combined gear in a duffle bag with a capacity of over 60 liters. This limits luggage to 9 kg per trekker.

Upper Body

- Moisture-wicking short or long-sleeved t-shirts
- Thermal base layers (light for warm months/heavy for cold)
- Fleece and puffy/insulated jacket
- Down jacket for colder elevations
- Waterproof and windproof outer jacket
- Lightweight long-sleeve breathable trekking shirt
- Synthetic bra for women
- Waterproof nylon raincoat or poncho

Head and Face

- Sun hat or cap (wide-brimmed)
- Ear-covering warm hat or knitted beanie
- Scarf, buff, or neck gaiter
- UV-protection sunglasses
- High SPF sunscreen and lip balm
- Lightweight headlamp with spare batteries

Handwear

- Warm insulated gloves or mittens
- Lightweight liner gloves
- Waterproof outer gloves for snow or wet conditions

Lower Body

- Quick-drying trekking pants and underwears
- Convertible or full-length trousers
- Quick Drying Underwear Thermal leggings or base layers
- Warm trekking trousers (insulated pants) for colder sections
- Lightweight cotton pants for evenings/ inside teahouses

Footwear

- Broken-in trekking boots with ankle support and good grip
- Warm wool or synthetic trekking socks
- Lightweight camp shoes or sandals for river crossings
- Gaiters for protection against mud, water, and debris
- Microspikes/crampons (seasonal) for better grip while crossing snowy and icy high passes

Backpack/Support/Sleeping Gear

- Duffle bag/Rucksack (50-60 liters, shared between two trekkers)
- Day backpack (20–30 liters) with rain cover
- Adjustable and lightweight trekking poles (preferably
- collapsible), Reusable water bottles or hydration bladder (minimum 2 liters)
- Water purification tablets, a filter, or a UV purifier
- Sleeping bag (rated -5°C to -10°C)
- Earplugs

Electronics and Documents

- Camera/Smartphone
- Power bank and charging cable
- Two-pin charging adapter
- Passport photocopies and passport-sized photos in waterproof bags

Toiletries

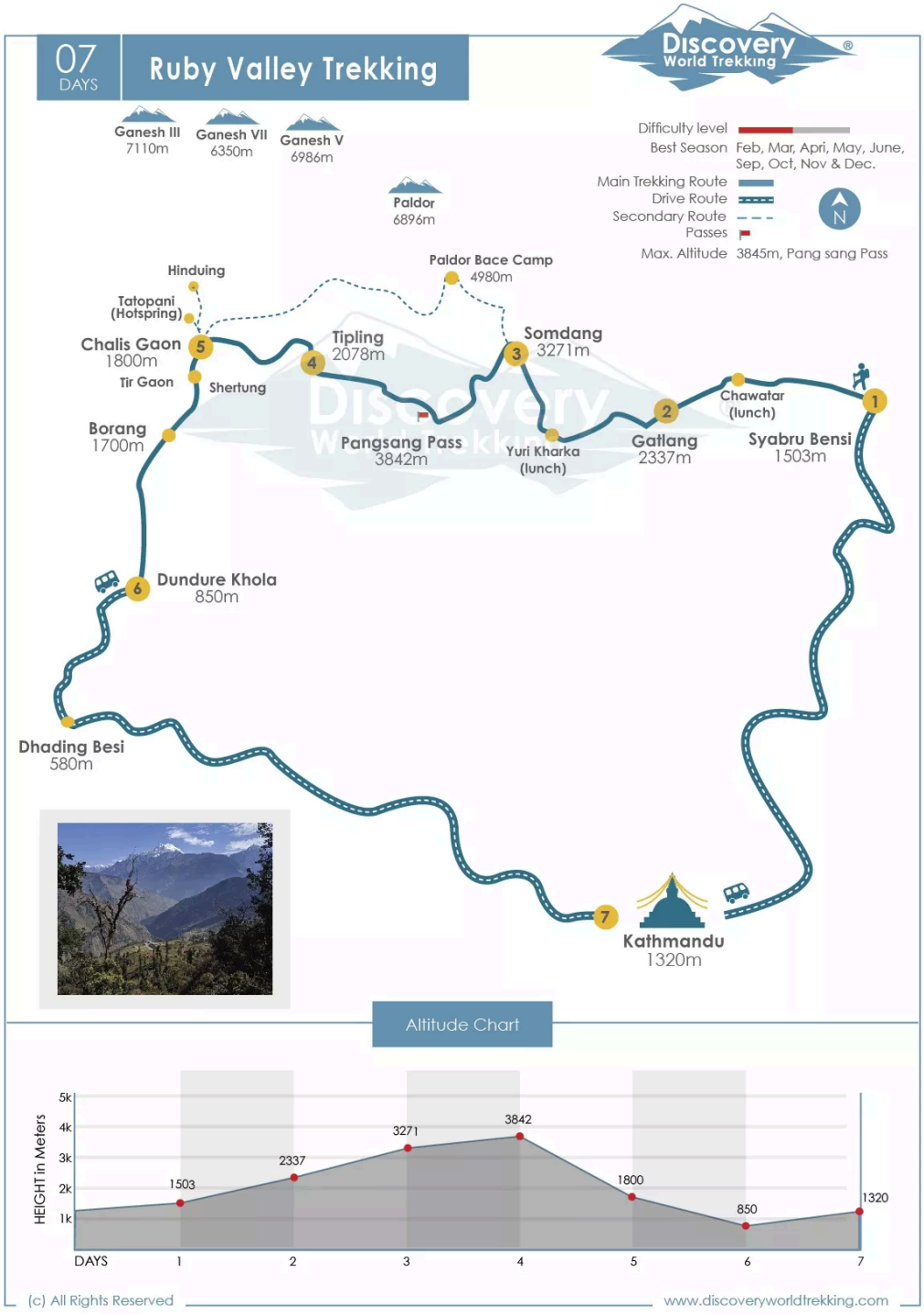
- Toothbrush and toothpaste
- Medium-sized quick-dry towel
- Biodegradable soap or shampoo
- Toilet paper (in a Ziplock bag)
- Nail Clipper Body wipes/wet tissues
- Feminine hygiene products
- Hand sanitizer

Medications

- Personal kits and medications (inhalers, allergy medicine, etc.) are highly recommended
- Blister care kit (Compeed/moleskin)
- Cough drops or throat lozenges (very useful in dry air)
- Basic first aid supplies (band-aids, antiseptic wipes, pain relievers, Diamox)

We can provide a used duffle bag (non-waterproof), down jacket, and sleeping bag if you don’t have your own.

Official Ruby Valley Route Map



Responsible Travel in the Ruby Valley

We strongly believe in environmental preservation and sustainability, so **we conduct eco-tours** only. In fact, we have partnered with Kathmandu Environmental Education Project (KEEP) to ensure that our tours are eco-friendly and are in the best interests of both the trekkers and the local communities in trek regions.

Discovery World Trekking Hiking Team

During your trek, our **well-trained, government-licensed,** and **well-experienced guides/ Sherpas** will accompany you to make your journey comfortable and joyous. We assign a porter for two trekkers. The luggage weight limit per trekker is 9 kg, so the porter will not carry more than 18 kg of luggage. However, if you want, we can provide you with one porter.

Our crew members are locals from the remote high Himalayas. So they can live easily and comfortably at high altitudes. All our staffs are very valuable to us. We pay them well and take care of their insurance, clothing, food, and lodging throughout the expedition. They also receive medical care when ill or injured.

We always make sure that our staff members are happy as we believe that only happy people can make others happy. Our guides have

- Rock climbing experience
- Intensive Wilderness First Aid Training
- Government-authorized trekking guide certificate
- Fluency in speaking English and other major languages
- Conservation and Biodiversity Training

Tipping

Nepali society accepts tipping but, it is at the traveler's discretion. We advise you to tip collectively at the end of the trek taking into account the quality of service rendered.

100 % Secure Booking and Payment

Discovery world trekking is a Nepal government-authorized and bonded trek and tour operator. We have been **providing our services for over a decade.**

We are members of the Trekking Agency Association of Nepal (TAAN), and Nepal Mountaineering Association (NMA). Therefore, you can book Discovery World Trekking trips with confidence.

We require a 10% payment advance for booking confirmation. Within a week of booking, please send us the necessary documents like a passport copy, passport-size photos, travel insurance policy, and arrival and departure flight details. You can pay by using bank transfers, western union, or online through our website.

You can pay the remaining trip cost in cash, by bank transfer, or using credit cards after arriving in Nepal. Furthermore, we will email you payment details and modes of payment available.

Last minute booking for Ruby Valley Hike

It is best to book this trip in advance but, for those unable, Discovery World Trekking has a special provision for last-minute bookings. In the case of a last-minute booking, you need to clear 100% trip payment **24 hours before the trip departure date.** We try our best to operate a trek at any time, but, in case of a last-minute booking, you cannot hold us responsible for delays due to changes beyond our control, such as bad weather or unavailability of lodging. For more information call (Viber/WhatsApp) at 977- 9840055491 (Paul Gurung) or email info@discoveryworldtrekking.com.

Trip Extensions

After trek completion, if you want to stay a couple of days extra in Nepal, we can arrange activities for you that include sightseeing in and around Kathmandu, Chitwan jungle safari, paragliding, rafting, canoeing, etc.

Feedback

Discovery World Trekking organizes a **farewell dinner in Kathmandu** after the trek completion. After the dinner, we will present you trip achievement certificate. It is also the best time to provide us with your feedback.

USEFUL INFO

The Ruby Valley Trek includes fixed departure dates from Kathmandu, but we can accommodate your specific requests and schedule. **Please review your designated departure dates, and if these dates do not suit you, let us know.** We will arrange it according to your timeframe. Please note that the itinerary listed above might require modification due to circumstances beyond our control, such as bad weather, and unavailability of lodging. In such cases, we will create a new itinerary based on the interest of the whole group without affecting the trip experience.

We look forward to guiding you to the Ruby Valley through some of the most dazzling landscapes on the planet.

Trip Notes

Arrival, Welcome, and Trek Start

You will arrive in Kathmandu at Tribhuvan International Airport, where you will find our representative holding a placard with your name on it. Our representative will greet you with a marigold garland and take you to your hotel in a private vehicle. On the trek departure date, we will drive you to Syabrubesi, where the trek begins.

Accommodations

The package includes six nights in local homestays or lodges in the mountain regions, providing a warm and homely environment. You may charge your devices, access Wi-Fi, and enjoy hot showers in most lodges, but you might need to pay for these services.

You will need at least two nights in Kathmandu hotels (before and after the trek) but not included in the package.

Meals

The trek package includes seven breakfasts, seven lunches, and six dinners. Meals are fresh, hygienic, and nutritious, with a focus on local cuisine. You will get Western food options too. Meals are on a full-board (main course) basis.

We recommend consuming lots of fluids like green tea, ginger tea, and garlic soup for health benefits. Avoid non-veg, caffeine, dairy, and alcohol due to potential health risks at high altitudes.

Luggage

Each trekker can bring up to 9 kg of luggage, as a porter will carry 18 kg for every two trekkers. Hence, partner up with a fellow traveler and pack your things together in a duffle bag of over sixty liters. A small daypack for valuables is essential. You can store excess luggage for free at our store in Kathmandu.

Facilities and Essentials

- **Water**

Boiled or filtered water is available at lodges for a small fee. We recommend using water purification tablets. Avoid drinking water directly from rivers, taps, or wells. Though you will get packed bottled water throughout the en-route shops, we discourage them for ecological reasons.

- **Communication**

You can buy a local SIM in Kathmandu for use in the trek region. However, the signals may not be strong enough in high elevations. Discovery World Trekking office communicates with all trek groups daily via trek leaders using mobiles to ensure trek progress. We are always ready to provide support if emergencies arise.

Travel Essentials

- **Visa**

All foreigners (except Indian nationals) need a valid visa to enter Nepal. Most foreigners can acquire an arrival visa at the Tribhuvan International Airport with a visa of at least six months of validity, a passport-size photo, and a visa fee. A 30-day visa costs USD 50. Visithttps://www.immigration.gov.np/ for the latest updates.

- **Travel Insurance**

Comprehensive travel insurance covering medical costs and emergency helicopter rescue up to 4,000 m is mandatory. Please call your insurer to ensure that your insurance covers helicopter rescue.

- **Currency Exchange**

Nepali Rupees (NPR) is the only legal currency. 1 USD = ~133 NPR. Only Nepali Rupees (NPR) are accepted in trek regions. Instead of a Traveler's check, we recommend you bring cash in major currencies, which you can easily convert to Nepali Rupees at banks or legal money exchanges. ATMs in Kathmandu allow withdrawals in Nepali Rupees, but there may be restrictions. Avoid bringing old or torn currency notes, as banks may not recognize them.

- **Extra Expenses**

This package does not include all the costs. Additional expenses include accommodations in Kathmandu, visa fees, travel insurance, extra meal courses, snacks, drinks, souvenirs, and tips for trek crew members. You will need around 15 USD per trek day for miscellaneous expenses.

Trek Season and Weather Conditions

Spring (March-May) and Autumn (September-November) are the best trek seasons, thanks to clear skies, good trail conditions, and magnificent views. Monsoon (June-August) makes trails slippery during summer, requiring extra caution, while winter (December-February) is cold, and snow can cover trails at high altitudes.

Typical Day

You will start the day with an early breakfast and set off for a 3-4 hour morning trek. After lunch and an hour of rest, trekking continues for 2-3 hours until you reach the destination. You can explore the nearby regions. After dinner at around 7 pm, our guide will brief you about the next day's plan. Before bed, you can socialize, play games, or learn a few Nepali words.

Trip Conclusion

- **Farewell Dinner**

After the trek, we invite you to a farewell dinner in Kathmandu to celebrate your journey and share experiences. This is a perfect time to give us your feedback. Later, we will present you with a trek achievement certificate.

- **Departure**

We provide complimentary airport transfers for your departure, ensuring a smooth and stress-free conclusion to your trip. Please share your hotel name, room number, departure date, and time.

Trek Bookings

- **Private Treks**

We organize private treks only and will not add anyone to your group. We handle all group sizes and add an assistant guide for a group of 12 or more.

- **Safe Trek Bookings**

Discovery World Trekking is a government-approved trekking company in Nepal and a member of the Trekking Agency Association of Nepal (TAAN) and the Nepal Mountaineering Association (NMA). To confirm your trek, we need a 10% advance payment, which you can pay via bank transfer, credit card, Wise, or Western Union.

Please send us your documents, including a passport copy, photos, travel insurance, and flight details, within a week of booking. You can pay the remaining amount in Nepal using cash, bank transfer, Wise, Western Union, or credit card. We'll email you all the payment details for your convenience.

- **Last-Minute Bookings**

We accept last-minute bookings, with the payment of the entire trek cost due 24 hours before the intended trek date. Please arrange vital documents such as insurance and passport photocopy before calling us. Call Paul at 977-9840055491 or email info@discoveryworldtrekking.com for details. Even though we are ready to organize treks at any moment, for last-minute treks, there are chances of delays due to unavoidable circumstances.

- **Flexible Schedule**

Our treks have fixed departure dates. However, if these dates do not suit you, let us know, and we will organize the trek at your convenience.

- **Trip Extension**

You can extend your trip to explore more of Nepal. We can organize additional activities based on your interests, such as Chitwan Jungle Safari, Sightseeing, or even another trek.

DWT Family

Our experienced, government-licensed guides and Sherpas from remote high Himalayas will be with you every step of the way to make your trek unforgettable. They are trained in wilderness first aid and ecological conservation and have years of trekking experience. We take great care of our team, providing fair pay, insurance, food, and lodging during the trek. A happy team means the best possible trekking experience for you!

Ecotourism Practices

We promote eco-friendly trekking by minimizing waste, respecting local cultures, and supporting community-based tourism. Our policy is to leave only the footprints in the trek region. We partner with the Kathmandu Environmental Education Project (KEEP) to keep our treks ecology-friendly.

Tipping Culture

Tipping is appreciated but not mandatory. We advise you to tip guides and porters based on their service quality, trek cost, and trek length.

FAQs For Ruby Valley Trek

GENERAL INFORMATION

What is the Ruby Valley Trek?

The Ruby Valley Trek is a scenic and cultural journey through a lesser-known trekking route in Nepal between the Manaslu Conservation Area and Langtang National Park. The trek takes you amidst the Ganesh Himal and Langtang Ranges, offering stunning Himalayan vistas, cultural immersion, and a chance to explore remote villages and rich biodiversity. It's named after the minerals, such as ruby and crystal, found in the area and provides trekkers with a peaceful, off-the-beaten-path experience.

What are the key highlights of the 7-day Ruby Valley Trek?

- Breathtaking Views: Panoramic views of the Ganesh Himal Range, Langtang Lirung (7,300m), Manaslu (8,163m), Lamjung Himal (6,800m), and many others.
- Natural Wonders: Explore two stunning waterfalls, Ganga and Jamuna, and sacred sites like Parvati Kunda.
- Cultural Immersion: Interact with the warm Tamang and Gurung communities, staying in homestays and enjoying local cuisine.
- Exotic Biodiversity: Witness unique flora, fauna, and minerals like ruby, crystal, and zinc.
- Adventure and Variety: Cross the Pangsang Pass (3,842 m), traverse green forests, rivers, meadows, and rocky hills, and experience suspension bridge crossings.

Is the Ruby Valley Trek suitable for all levels of trekkers?

The Ruby Valley Trek is moderately challenging, making it suitable for trekkers with basic fitness levels. The trail combines steep ascents, descents, and varying altitudes, with the highest point being Pangsang Pass (3,842 m). Hence, this trek is suitable for all trekkers.

Why is the Ruby Valley considered an off-the-beaten-path trek in Nepal?

Ruby Valley is a lesser-known trekking route, untouched by heavy tourism, offering peace and seclusion. The trail runs through remote Himalayan regions, connecting traditional villages like Gatlang, Tipling, and Chalish. You can experience authentic local culture, unspoiled natural beauty, and less crowded trails compared to popular routes like Everest or Annapurna.

Is the Ruby Valley Trek available as a private trek?

Yes, the Ruby Valley Trek is available as a private trek.

Can I book a private Ruby Valley Trek with a personalized itinerary?

Yes, you can book a private Ruby Valley Trek with a personalized itinerary.

PREPARATION & FITNESS

How fit do I need to be for the Ruby Valley Trek (7 days)?

The Ruby Valley Trek is moderately challenging. You should be comfortable walking 5-7 hours daily on varied terrain, including steep ascents and descents.

Can beginners participate in the 7-day Ruby Valley Trek?

Yes, beginners can join with adequate preparation and determination. However, some prior hiking experience can be advantageous.

What kind of physical preparation is recommended for this trek?

Prepare by engaging in cardiovascular exercises like jogging, cycling, or swimming a few weeks before the trek.

PERMITS

What permits are required for the 7-day Ruby Valley Trek?

You will need a Langtang National Park Entry Permit and a TIMS (Trekkers' Information Management System) card.

Are the necessary permits included in the trekking package?

Yes, we include all required permits in the trekking package.

Where can I obtain the permits for the Ruby Valley Trek?

We will provide these permits on your behalf.

INSURANCE & VISA

Is travel insurance necessary for the Ruby Valley Trek (7 days)?

Yes, travel insurance is mandatory.

What should my insurance cover for this trek?

Your insurance should cover medical expenses and emergency helicopter evacuation up to 3,800 m.

Do I need a visa for trekking in Nepal, and how can I obtain one?

Yes, a visa is required. You can get it on arrival at Tribhuvan International Airport by submitting your passport (valid for six months), a passport-size photo, and a visa fee. The current visa fee for a 30-day stay is USD 50.

GUIDES & PORTERS

Do I need a guide for the Ruby Valley Trek (7 days)?

Yes, the Nepal government has made it mandatory to have a Nepal government guide/porter for the Ruby Valley Trek.

What roles do the guides and porters play during the trek?

Guides lead the group, provide trail and cultural information, and ensure safety. Porters carry luggage (up to 18kg for two trekkers), allowing you to enjoy the trek comfortably.

Can I trek the Ruby Valley independently without a guide?

No! You will need a guide to trek the Ruby Valley Trek.

ACCOMMODATION

What type of accommodation is available during the Ruby Valley Trek (7 days)?

You'll stay in local homestays or lodges that offer basic but cozy accommodations.

Are the teahouses or homestays equipped with modern facilities like electricity and hot showers?

Most lodges provide electricity, hot showers, and charging facilities for an additional fee.

Will I have access to Wi-Fi or charging stations along the trek?

Wi-Fi and charging facilities are available in most lodges, but they may be limited or require extra payment.

FOOD & DRINKS

What meals are provided during the 7-day Ruby Valley Trek?

The package includes seven breakfasts, seven lunches, and six dinners, focusing on fresh, hygienic, and local cuisine with some Western options.

Are there vegetarian or vegan meal options available?

Yes, vegetarian and vegan options are available. Inform us about your dietary preferences beforehand.

Is safe drinking water available on the trek, or should I bring purification tablets?

Boiled or filtered water is available at lodges for a small fee. We recommend you use water purification tablets. You can buy bottled water from en-route shops/tea houses. However, we do not recommend them for environmental reasons.

WEATHER

What is the best season to do the 7-day Ruby Valley Trek?

Spring (March-May) and Autumn (September-November) are ideal due to clear skies and favorable trail conditions.

How does the weather vary throughout the year on the Ruby Valley Trek?

- **Spring** (March-May): Warm with blooming rhododendrons.
- **Monsoon** <>(June - August): Wet and slippery trails (June-August).
- **Autumn** (September - November): Cool, dry, and clear for panoramic views.
- **Winter** (December - February): Cold with possible snowfall at higher altitudes (December-February).

Is it safe to trek during the monsoon or winter seasons?

Monsoon treks require extra caution due to slippery trails, while winter treks need preparation for cold and snow. However, you can still trek during monsoon and winter seasons.

HEALTH & SAFETY

What health risks should I consider during the 7-day Ruby Valley Trek?

Dehydration, altitude sickness, and minor injuries are potential risks.

Is altitude sickness a concern on the Ruby Valley Trek?

Altitude sickness is rare as the highest point, Pangsang Pass, is 3,842 m.

What emergency procedures are in place during the trek?

Guides carry a first-aid kit and in coordination with your insurer, we will initiate helicopter evacuation if necessary.

PACKING & GEAR

What essential items should I pack for the Ruby Valley Trek (7 days)?

Pack essentials like trekking boots, warm layers, a daypack, water purification tablets, and personal toiletries. You can see our equipment section for details.

Is it necessary to bring my own sleeping bag?

Not mandatory, as lodges provide blankets, but bringing a sleeping bag ensures extra warmth.

Are trekking poles or other gear recommended for this trek?

Yes, trekking poles help on uneven terrain.

BOOKING & PAYMENTS

How far in advance should I book the 7-day Ruby Valley Trek?

Book at least a month in advance for better preparations. However, we also have a provision for last-minute bookings.

What is the payment process for booking this trek?

We require 10% of the trek package as advance to confirm the booking. You can pay using a credit card, bank transfer, Wise, or Western Union. The rest of the cost is due when you arrive in Kathmandu. In Kathmandu, you can also pay in cash. We will also email you payment details.

Are there any cancellation or refund policies for the trek?

Yes, we have cancellation or refund policies. Visit our terms and conditions page for details.

TRANSPORTATION

Is domestic transportation included in the trekking package?

Yes, the package includes a bus ride from Kathmandu to Syabrubesi and back from Dhading Besi.

What are the transportation options available after completing the trek?

After reaching Dhading Besi, you can take a bus or hire a private vehicle to Kathmandu at an additional cost.

Discovery World Trekking

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